



**6th Berlin Cartilage
Symposium
3rd QKG
Annual Meeting**

Berlin | 5th and 6th May 2017

INVITATION

6TH BERLIN CARTILAGE SYMPOSIUM | 3RD QKG ANNUAL MEETING

Dear medical colleagues, dear physiotherapists,

We would like to invite you to a very special event in 2017: in its 6th edition the Berlin Cartilage Symposium and the 3rd QKG Annual meeting will provide you comprehensive scientific and practical updates on cartilage regeneration and joint preservation in a common two - day congress.

Many well-known national and international specialists will present the latest state of art in science and techniques; and also for the first time show in workshops very extensively the physiotherapeutic treatment of cartilage damage to the knee, hip and ankle joint. We have tried to combine the primary scientific theoretical lectures on the first day with practical patient focused examples and technical „How-to-do talks“ on the second day. We also have decided to give an extra space of two sessions to the very important aftercare of cartilage operations what even might be not only for physiotherapists very interesting.

You will have the opportunity to discuss about experiences, treatment procedures and results with specialists as well as with patients. Therefore the medicals as well as the patients will obligingly tell their „cartilage story“ in Berlin.

We are of the opinion that the affected patient is not inevitably interested in getting an artificial joint, he possibly desires and deserves medical preservation: and this should also be the aim of the attending physician and especially of the cost bearers. Although the cartilage remedies are very well examined and proven to be successful for the patient, the obstacles to the reimbursement of costs or treatment permitting to harm the affected patients. Therefore we will discuss this important issue for our daily actions with representatives from the health system and cost bearers. The national and local press has announced to report about our congress and especially focus on this issue.

We hope to arrange an interesting and attractive program and are looking forward to welcome you on 5th and 6th of May in Berlin.

Volker Laute

Klaus Ruhнау

Sven Scheffler

Wolfgang Zinser



PROGRAM – 05 MAY 2017

6TH BERLIN CARTILAGE SYMPOSIUM

08:00-09:00 Registration

09:00 Welcome

Laute, Ruhnau, Scheffler

09:05-10:30 Overview regarding current regenerative cartilage therapy

Chair: Nöth, Pietschmann

Introduction – what dogmas ought we to abandon, and what questions do we need to answer in future?
Niemeyer

Bone marrow simulation –
is microfracture surgery obsolete?

Zinser

Chondrocyte therapy: Developments in Europe –
where do we currently stand?

Marlovitz

The “one step” procedure: Will the “one step”
procedure be an alternative to ACI in future?

de Windt

Is stem cell therapy an option for the future? Does it
make sense in the treatment of cartilage damage?

Nehrer

Discussion

10:30-11:00 Interval, opportunity to visit industry exhibition

11:00-13:00 Cartilage therapy in specific cases

Chair: Schröder, Löer

Imaging processes in cartilage therapy

Welsch

ACI in children – when is it beneficial as off-label
use?

Pietschmann

Cartilage damage in children – when refixation,
when ACI, which procedure?

Petersen

ACI on the hip – is everything the same as on the
knee?

Fickert

Cartilage therapy on the upper ankle joint –
is everything the same as on the knee joint?

Becher



PROGRAM – 05 MAY 2017
6TH BERLIN CARTILAGE SYMPOSIUM

Discussion

Tribute to Klaus Ruhnau

Laudatory speech in honour of Klaus Ruhnau

Zinser, Laute

My personal cartilage history as an ACI user for the past 20 years

Ruhnau

Discussion

13:00-14:00 **Company workshops, lunchbreak and opportunity to visit industry exhibition**

14:00-15:00 **Indications and surgical technology**

Chair: Schauf, John

How important is surgical technology in cartilage therapy – recent trends

Salzmann

Treatment of cartilage damage with concomitant injuries – modern treatment strategies

Nöth

ACI and high-level competitive sport – what is accepted by sportspeople?

Scheffler

Discussion

14:00-15:00 **Parallel session for physiotherapists: Physiotherapy and follow-up treatment**

Chair: Wondrasch, Lör

Conservative physiotherapy treatment in cases of cartilage damage and osteoarthritis – what helps? How should it be applied?

Mommsen

Scientific foundations of follow-up treatment after cartilage regenerative surgery

Wondrasch

The QKG follow-up treatment plan based on the principle of “contained & uncontained” defects

Lör

Discussion



PROGRAM – 05 MAY 2017
6TH BERLIN CARTILAGE SYMPOSIUM

15:00-15:45 **Speech Battle: Cartilage Repair 2017**

Chair: Angele, Salzmann

I can fix everything in “one step” – two ops are not necessary

de Windt

If you want the best result for your patient, two surgeries don't matter

Niemeyer

15:45-16:15 **Interval, opportunity to visit industry exhibition**

16:15-17:15 **Follow-up treatment in a practice setting**

Chair: Schreyer, Bode

Rehabilitation following cartilage regenerative surgery – what is possible?

Wondrasch

Follow-up treatment at the FIFA Centre of Excellence – Training? Medication?

Angele

“Cartilage repair” – how can everyday life be managed without shortcomings?

Laute

Discussion

16:15-17:30 **Parallel session – I'm on my way to you!**

Welcome & Introduction to co.don AG

Hessel

Change the paradigm in treatment of articular cartilage damage

Biant

A new treatment option: clinical data & practical experience

Niemeyer

Discussion with experts and speakers

Löer

17:15 **Closing remarks**

Laute, Ruhnau, Scheffler

End of Day 1

19:00 **Evening social**

PROGRAM – 06 MAY 2017

3RD QKG ANNUAL MEETING

08:00-09:00 **Membership meeting of the QKG**

(for members only)

09:00-09:05 **Welcome**

Zinser, Laute

09:05-10:10 **Reality in the quest for joint preservation in the practice setting and in hospitals**

Chair: Ruhnau, Zinser

Why is there so little joint preservation in Germany?
Angele

The triumphal march of the cartilage register – why is it superior to many randomised studies in healthcare research?
Niemeyer

The tasks of the cartilage specialist in patient care
Klug

Discussion

09:05-10:10 **Parallel session: Follow-up treatment and physiotherapy after cartilage regenerative surgery**

Chair: Becher, Fickert

How do I prepare recreational and high-level sports people for physical exertion
Mommsen

Using therapy equipment in follow-up treatment: Laser therapy, electrotherapy etc. – what helps when, and how?
Wondrasch

Medications, nutritional supplements, dietary aids – what helps to improve results following cartilage treatment?
Bode

Bode

Discussion

10:10-10:40 **Interval, opportunity to visit industry exhibition**

10:40-11:45 **Tips and tricks for cartilage regenerative surgery**

Chair: Ruhnau, Laute, Löer

Video demonstrations, surgical techniques and discussion



PROGRAM – 06 MAY 2017

3RD QKG ANNUAL MEETING

- 11:45-13:00** **Joint preservation in specific cases – what would be your approach (participants), what was my approach (speaker)?**
Chair: Niemeyer, Klug
- Case 1: Juvenile OD
- Case 2: ACI with bone regeneration and adjustment
- Case 3: ACI on the upper ankle joint with bone regeneration
- Case 4: ACI on the hip joint with cam/pincer labrum reconstruction
- 13:00- 14:15** **Company workshops, lunchbreak and opportunity to visit industry exhibition**
- 14:15-14:45** **The apparently hopeless case – true patient stories**
Chair: Löer, Fickert
- Case 1
Marlovitz
- Case 2
Ruhnau
- Case 3
Laute
- 14:45-15:15** **Interval, opportunity to visit industry exhibition**
- 15:15-16:30** **Round-table discussion – the future of joint preserving therapies in Germany**
- Discussion between representatives of government, health-insurance providers, the QKG and the press
- What does the future look like for ACI and joint preservation?
- Does joint preserving cartilage therapy make sense for patients and those who fund it?
- Reimbursement of costs, regulatory obstacles, the endoprosthesis lobby
- 16:30** **End of the symposium**

SPEAKERS

Angele, Peter

Universitätsklinikum Regensburg, Klinik und Poliklinik für Unfallchirurgie und sporthopaedicum Regensburg

Biant, Leela

Stopford Building
Manchester Medical School
University of Manchester, Manchester, UK

Becher, Christoph

ATOS Klinik, Internationales Zentrum für Hüft-, Knie- und Fußchirurgie, Heidelberg

Bode, Gerrit

Universitätsklinikum Freiburg, Klinik für Orthopädie und Unfallchirurgie, Freiburg

de Windt, Tommy S.

University Medical Center Utrecht, Orthopedic Surgery, Utrecht, Netherlands

Fickert, Stefan

sporthopaedicum Straubing

Gröhe, Hermann

Bundesministerium für Gesundheit

John, Tilo

DRK Kliniken Berlin Westend, Klinik für Unfallchirurgie und Orthopädie, Berlin

Klug, Michael

Gemeinschaftspraxis für Chirurgie und Orthopädie, Praxisklinik Werneck

Laute, Volker

Gelenk- und Wirbelsäulen-Zentrum Steglitz, Berlin

Löer, Ingo

Praxis für Orthopädie, Essen

Marlovits, Stefan

Privatklinik Döbling, Wien, Austria

Mommsen, Hauke

Fachhochschule Kiel, Fachbereich Soziale Arbeit und Gesundheit, Kiel

Nehrer, Stefan

CORPUS Orthopädie, Wien, Austria

SPEAKERS

Niemeyer, Philipp

Universitätsklinikum der Albert-Ludwigs-Universität, Klinik für Orthopädie und Unfallchirurgie, Freiburg

Nöth, Ulrich

Klinik für Orthopädie und Unfallchirurgie,
Evangelisches Waldkrankenhaus Spandau, Berlin

Petersen, Wolf

Martin-Luther-Krankenhaus, Klinik für Orthopädie und Unfallchirurgie, Berlin

Pietschmann, Matthias

LMU Klinikum der Universität München, Campus Grosshaden,
Orthopädische Klinik und Poliklinik, München

Ruhnau, Klaus

Gemeinschaftspraxis für Orthopädie und Unfallchirurgie, Bochum

Salzmann, Gian

Schulthess Klinik, Orthopädie und Unfallchirurgie, Zürich,
Switzerland

Schauf, Gunnar

Gelenkzentrum Bergisch Land, Praxisklinik Remscheid

Scheffler, Sven

sporthopaedicum Berlin

Schreyer, Thomas

Agaplesion Elisabethenstift, Klinik für Unfall-, Sport- und Orthopädische Chirurgie, Darmstadt

Schröder, Jörg

Charité – Universitätsmedizin Berlin, Centrum für Muskuloskeletale Chirurgie, Berlin

Welsch, Goetz

UKE Athleticum, Ambulanzzentrum des UKE GmbH
Universitäres Kompetenzzentrum für Sport- und
Bewegungsmedizin, Hamburg

Wondrasch, Barbara

Fachhochschule St. Pölten, Department Gesundheit,
St. Pölten, Austria

Zinser, Wolfgang

St. Vinzenz-Hospital, Orthopädie und Unfallchirurgie, Dinslaken

INFORMATION

Date

5 May 2017 6th Berlin Cartilage Symposium
6 May 2017 3rd QKG Annual Meeting

Venue

Humboldt Carré
Behrenstrasse 42 | 10117 Berlin, Germany

Course Chairmen

Dr. med. Volker Laute

Gelenk- und Wirbelsäulen-Zentrum Steglitz, Berlin

Dr. med. Klaus Ruhнау

Gemeinschaftspraxis für Orthopädie und Unfallchirurgie, Bochum

Priv.-Doz. Dr. med. Sven Scheffler

sporthopaedicum Berlin

Dr. med. Wolfgang Zinser

Orthopädie und Unfallchirurgie, St. Vinzenz-Hospital, Dinslaken

Website

www.berlin-cartilage-symposium.eu
www.berliner-knorpelsymposium.de

Organization and Registration

Congress Compact 2C GmbH

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Certification

The certification of the symposium by the German General Medical Council has been requested.

Patronage

The patronage of the AGA, BVASK, DKG and QKG has been requested.

Supported by:



REGISTRATION

6TH BERLIN CARTILAGE SYMPOSIUM |

3RD QKG ANNUAL MEETING

Please return the registration form by fax +49 30 32708234 or us the online form under www.berliner-knorpelsymposium.de.

PARTICIPANT

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| <input type="text"/> | | <input type="text"/> | |
| Address | | Title | |
| <input type="text"/> | | <input type="text"/> | |
| First Name | | Last Name | |
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PARTICIPATION FEE

UNTIL
1ST APRIL 2017

AFTERWARDS

| | | |
|--|-------|-------|
| <input type="checkbox"/> Medical specialist | 200 € | 250 € |
| <input type="checkbox"/> Medical assistant | 150 € | 200 € |
| <input type="checkbox"/> QKG Member ¹ | 100 € | 150 € |
| <input type="checkbox"/> Physiotherapist | 80 € | 100 € |
| <input type="checkbox"/> Student | 50 € | 50 € |

¹QKG Annual Meeting is free of charge for QKG Members.

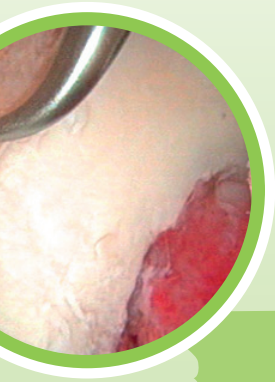
EVENING SOCIAL – 05 MAY 2017

- Evening social per person 40€

Persons

City, Date, Signature





www.berliner-knorpelsymposium.de